

Parent/Guardian Infographic and Decision Flowchart For Absence From School

This document is not a substitute for medical judgment and does not dictate an exclusive course of action. NH state and district laws and policies should be followed.

Symptoms of COVID-19

- Fever 100.0F or more or chills
- Cough
- Shortness of breath or difficulty breathing
- Sore Throat
- Nasal congestion or runny nose
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste/smell
- Nausea or vomiting
- Diarrhea

Contact your child's healthcare provider and notify Lamb's

When do I keep my child home from school?

If my child....

- Has any symptoms, even if mild (see flowchart below)
- Has had close contact with a person suspected or confirmed to have COVID-19. (Stay out of school for **14** days. Can not "test out" for earlier return unless suspect person tests negative).
- Has traveled outside of NH, VT, ME, MA, CT or RI in the prior 14 days. (Stay out of school for **14** days. Can not "test out" for earlier return.

Contact your child's healthcare provider and notify Lamb's

Decision Flowchart for Child who exhibits Symptom(s) of COVID-19

Note from provider to return and general return to school criteria apply (Fever free for 24 hours, and symptoms improve)

COVID-19 test performed with **NEGATIVE** results
OR
Healthcare provider deems testing unnecessary

COVID-19 test performed with **POSITIVE** results
OR
Parent opts out of COVID-19 testing

May return to school:

1. After 10 days have passed since first symptom(s) appeared.
AND
2. At least 24 hours have passed since last fever (off fever-reducing medication)
AND
3. Their symptom(s) have improved

Parents will be contacted for **immediate** pick if the child displays symptoms while at school